

Nanclendra School
Nanclendra
Penzance
Cornwall TR20 8NB



Truro and Penwith
Academy Trust

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Headteacher:
Mr. R. Gill

21st January 2022

Dear Parents,

Skipping Workshops to be held on Wednesday 26th January 2022.

As part of our aim to provide a broad range of physical experiences for our children we have invited Skipping Workshops to work with the whole school to teach different skipping skills to every child.

Skipping Workshops have presented demonstrations in over 3000 schools, represented Great Britain in international skipping events and appeared on many TV shows. Their aim is to encourage children and adults to skip for health, fun and fitness, whilst introducing modern and traditional skipping games including **individual rope tricks**, **speed skills** and **Double Dutch**, back into the playground.
www.skipping-workshops.co.uk

As part of their visit, they have asked our permission to promote additional services they can offer on the day;

1. Sale of Skipping Ropes
2. An After-School

I have agreed to let them offer these two extras to families and they are detailed on the next page. I have explained these options to children in School Assembly today.

From past experience we are confident our children will have a stimulating and enjoyable experience.

Yours sincerely

Rick Gill

Information from "Skipping Workshops"

The same high quality 'speed ropes' as used by the international team, will be on sale at school at a *reduced* cost of £5. New colour changing solar ropes are £6. Adult ropes are also available for tall or older siblings and your personal fitness/weight loss etc at £7 each 4m 'family ropes' at £8 each and 2 x Double Dutch ropes for £14.

Please fill out the form below and put your payment into a sealed envelope with the child's name, order and class on the front and hand it to their teacher. Please also indicate if they are attending the after school workshop. If paying by cheque, please make payable to 'Skipping Workshops'.

After school on Wednesday there will be a special one-hour family workshop for any child who would like to improve upon the skills they have learnt during their session. This is a rare opportunity to receive extra tuition from one of the Country's leading skipping coaches. The cost is £4 each for the first 30 children to sign up. Parents and teachers are welcome to watch or join in for free!

Skipping Workshops Demonstration and After School Workshop

Child's Name

Class.....

- Would like to take part in the After School Workshop on Wednesday 26th January and enclose £4. please tick
- I would like to purchase the following ropes. Ropes can be purchased with or without attending the workshop! please tick

.....Child speed rope @ £5.00 each
.....Child SOLAR speed @ £6.00 each
.....Adult ropes @ £7.00 each
.....Family rope @ £8.00 each
..... Double Dutch set @ £14 per pair

I enclose a total of £_____. Cheques are payable to 'Skipping Workshops'

Please note: a minimum number of children are required to take part in the workshop in order for it to proceed.

Skipping Ropes will also be available to purchase after school from the Skipping Workshop's Coach on the day.